



# Welcome the Leiden! Welcome the training days!

*The 2nd training activity of the Pro-CKD project was held in Leiden, The Netherlands in 23-25th February 2022.*

*The workshop hosted by the Dutch Foundation of Innovation Welfare 2 Work was attended by ALCER from Spain, EPIONI from Greece, Istanbul Gelişim University from Turkey and the Saronic Nephrological Center Ltd from Greece face-to-face. Otherway, the University Autonomous Madrid from Spain preferred to attend as online because of the pandemic.*

*In the training activity held at AREA071, presentations and workshops were made that supported the purpose of the project and helped to develop the competencies of the target group. In particular, examples of good practice were introduced to integrate patients with Chronic Kidney Disease with peer leaders in the business world.*



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# PRO CKD NEWSLETTER

Issue 5, March 2022



## The Werkcenter Model as a good practice of an activity model

*Many people who have started dialysis or have had an organ transplant report wanting to return to work. Some patients with chronic kidney disease find that working out is good for them. For this reason, some of the patients continue to work full-time, while others try to adapt to part-time or flexible working conditions.*

*A dialysis patient has some expectations from his employer so that he can work in harmony with his workplace. The employer must allow dialysis and health visits and change the patient's work schedule. It is also expected to compensate for the time taken for medical reasons and to remove any physical limitations and, if possible, develop efficacy models for all..*

*A very good example of an activity model is the Werkcenter Model. This model consists of the following principles:*

- One size fits all
- Sanction
- Participation
- Everyone can do something
- Work First / Work as Treatment: Real Work
- Reward – You should get paid if you work
- Business to Business
- Own Responsibility
- Local and regional Entrepreneurship strategy of municipalities/councils: National government forced them to act as an initiative

**2 Welfare Work**  
Dutch Foundation of Innovation

**ProCKD Content:**  
\* Step by Step  
\* A Testimonial - Bart Boes

**Co-funded by the Erasmus+ Programme of the European Union**

### Working with a kidney disease - A Testimonial

Peter van Schie, Leiden, 23th, 24th, 25th February 2022

**Werken met een nierziekte**  
Wat kunt u doen?

**nvn** nierpatiënten vereniging nederland

**ProCKD**





# Small beautiful city Leiden

*The city, which is 15 minutes from Schiphol airport and 30 minutes from Amsterdam center by train, was wonderful with its green streets, low-rise buildings and pink pavements, away from the noise of the big city. It also offered the participants the opportunity to taste various world cuisines. It was a truly great and intimate experience.*

*Leiden is a very photographic city with families of ducks wandering over the canals and its inhabitants on bicycles and windmills.*

*Who knows, maybe Participants will get a chance to revisit for Pro-CKD II in the future opportunities!*

